Nautical Sports

Paragliding

The lake with the fastest winds in America is called Calima and is located in the Municipality of Calima El Darién. It is a top site for water-skiing; catamaran, sunfish, and laser sailing; and wind and kite surfing. Calima El Darién is the setting for regional competitions, as well as national ones like the Copa Moto Neumática de Occidente, the Triatlón Copa Colombia, and the national windsurfing tournament. Ultralight flying is also practiced.

Aerial Sports

A land open to adventure

Two factors make Valle del Cauca a first rate destination for aerial sports: the presence of winds coming from the Pacific Ocean and the two mountain ranges that cross the destination. Specialized instructors accompany practitioners of paragliding, ala delta, and parachuting on these experiences that seek to conquer the heavens in what many call the Paradise Destination. Sites in the municipalities of El Cerrito, Ginebra, Buga, Guacarí, and Palmira have been especially adapted for these sports.

Golf

With four 18-hole courses (one of them par 73), Cali is a magnificent destination for the sport. A warm climate and interesting designs will convert your golf experience into a challenge.

More Adventure

Mountain biking, Tibetan bridges, wall climbing, rappelling, rafting, and canopying are also part of the offer of Valle del Cauca in Paradise Destination, in the municipalities of Santa Helena and Jamundí.

If Cali and it´s sport and adventure interest you as a travel or

incentive destination, be sure to see:

- Diving Pacífic
- Chocó Sun and Beach
- Tour Cali: Natural Park Farallones
- Tour Cali: Buga and Lago Calima