



{rokbox title=|Lago Calima is the destination par excellence for water sports.}|images/stories/congresoseincentivos/congresosyconvenciones/cali/tours/practica-de-moto-acuatica-en-el-lago-calima-valle-del-cauca.jpg{/rokbox}

Lago Calima is the destination par excellence for water sports. /Photo. Flickr user [jmisael123ct](#) /

An hour from Cali, by either of two roads in excellent condition, is Buga, a city that beautifully preserves its original urban layout of the seventeenth and eighteenth centuries. The tour includes notable monuments like the old cathedral, the church of San Francisco, the Palacio Nacional, and a famous pilgrimage site: the Santuario del Señor de los Milagros.

An outing to Buga can be combined with a visit to the Calima Lake, a reservoir located at 1,480 m above sea level on the road that goes from Buga to Buenaventura. The lake offers a splendid landscape and the possibility of practicing water sports. There is a museum devoted to the Calima pre-Columbian culture in Darién, a village at the edge of the lake.