Plaza Botero, Medellin

Discover Cerro Nutibara:One of the seven hills of Medellin, offering spectacular views over most of the city. On top is a miniature replica of a paisa village. The vantage-points, restaurant and shops make this a perfect place to walk around and share. Walk along the Carabobo pedestrian corridor:Over about 30 blocks, this walk takes you through a number of important historic buildings and urban landscapes and a wide variety of craft shops. Culture walks:Go round the Museum of Antioquia and Plaza Botero (where the sculptor exhibits his work) in the city center, see Parque Explora (the largest interactive park in Colombia) and the Joaquín Antonio Uribe Botanical Gardens to the north. A trip on Metrocable:Medellin has the only two cablecar systems linked to a Metro in the world. The northeast and northwest lines are both a part of the city's development centers and a tourist destination. Adventure sports:In the area around Medellin there are plenty of spectacular places for extreme sports: Go shopping:Medellin is one of the most attractive places to shop for fashion or crafts (for example) in shopping malls such as El Tesoro, Oviedo, San Diego or Santa Fe.

- **Rafting**
  South-west Antioquia
  Río Cauca, La Pintadita, Hotel Pipintá
  www.hotelpipinta.com
  Eastern Antioquia
  Río Claro, Doradal, El Refugio, Cañón del Río Claro
  www.rioclaroelrefugio.com

- **Canopy**
  Eastern Antioquia
  Santa Elena (Medellin), Montevivo, Río Claro
  Valle de Aburrá: Envigado, El Salado de Corantioquia
  Guatapé, Tamesis

- **Windsurfing**
  Guatapé- Club Naútico de Guatapé

- **Rock climbing**
  Western Antioquia, El Peñol, Guatapé, Piedra del Peñol

- **Hang gliding:**
  Valle de Aburrá, Bello-San Felix
  Southwest Antioquia:Damasco.
  www.hotelpipinta.com

Dance, eat and enjoy the nightlife with friends in:

- Zona Rosa, El Poblado or Parque Lleras.
- Carrera 70 (Laureles)
- The road to Las Palmas, with the spectacular views of the city.