

Clothing:

- Take light cotton clothing: the climate is warm and humid.
- Take some sports shoes; there are plenty of places for trekking.
- Bring walking shoes for stepping on coral: this is most important to protect your feet.



{rokbox title=|See Lovers´ Bridge from this vantage point / Photo: Carlos Sueskún.}|images/stories/turistainternacional/Adondeir/providencia/mirador-providencia-sueskun.jpg{/rokbox}

See Lovers´ Bridge from this vantage point / Photo: Carlos Sueskún.

Taxes:

- An entry tax of US\$19 is payable upon arrival at the airport. You will be asked to produce the receipt on arrival at El Embrujo airport on Providencia.

On the island:

- On the first day, it is a good idea to go to the center (Santa Isabel) to check on rentals and means of transport. People usually rent a motorcycle, a bicycle or a golf-cart.
- Also, stock up with food and water for launch trips or for touring around the island.
- The Tourist Office is next to the Santa Isabel dock. Phone: + (57) (8) 5148054.
- When you are ready with all this, go round the island to familiarize yourself with it – that takes about half an hour.
- There are two activities not to be missed; trekking (3 hours) or horseback-riding (1 hour) to the Peak, from where you can see the whole island including Santa Catalina with diving and snorkeling in the sea to look and the corals and marine fauna.

Health:

- Use repellent for mosquitoes and flies.
- Always use sunblocker with a high protection factor.
- Don´t buy or eat seafood on the launches: it´s better to use only the launches on land where the food can be guaranteed to be fresh and not to cause intoxication.
- Drink water all the time.

Nature:

- Don´t buy craftwork made from conch,, coral, turtle shells or other natural materials.
- Don´t remove shells or species of flora and fauna from the island.
- Check which marine species are out of season, and avoid eating them.

- If you are going fishing, check which areas are open for that (a large area forms part of the nature reserve and harpoons are not allowed. It is better to be accompanied by a guide or an islander.
- An additional tax and an official permit is required for access to Mac Bean Lagoon