{rokbox title=|Santander is full of places to go caving, at different levels and difficulty/Photograph user of Flickr Kaouê.|}images/stories/turistainternacional/Quehacer/informeespecial/aventura-santander/espeleologia.jpg{/rokbox}

Santander is full of places to go caving, at different levels and difficulty/Photograph user of Flickr Kaouê .

The rivers that run through Santander, are rich in waterfalls. The Juan Curi falls in the town of Páramo are the most important place in Santander for torrentism, or for riding the falls. But it means a hard walk up to the edge of the falls before the excitement of coming down!

The fall of 65 m, tests various skills: the challenge of the height, control of vertigo, and the ability to come down with the force of the water. The Juan Curi waterfalls bring together all the factors which make which satisfy all those who practice torrentism, or who want to explore their emotions.

In Santander, the Juan Curi waterfalls are perfect for torrentism, and the Cueva del Indio (The Indians Cave), for caving.

And for a harder experiences, the caves in Santander offer another kind of adventure into their shadows, for the kind of person who does not mind being in a confined space or in darkness or in uncertainty. In the village of Paramo, half an hour south of San Gil, is the Cueva del Indio, a mysterious passage which runs through the heart of the mountain, giving you r a couple of hours of groping your way in the company of the ever-present flying bats.

The scenery of the Department to Santander in north-east Colombia is a friend of those who love extreme sports. Some of the places are often mentioned: but the real adventurers never give up the quest to find new and more demanding scenarios. And that is what extreme sports are all about - setting targets which become more and more difficult, stretching the imagination ever further, and the daring of those who seek such experiences.

Discover the true excitement of Santander

Multimedia

- Photo gallery of Santander
- Video of Santander

Other articles

- Santander, land of adventure
- The majestic canyon of Chicamocha
- Sports and adventure