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Photo: www.bandadiveshop.com

Bahía Solano is characterized by multi-colored sunsets. Together with El Valle, a township located south of huge beaches, it is an excellent opportunity for enjoying memorable experiences among exotic nature.

- **Location:** They make up the continental area that surrounds the Gulf of Cupica, between the Baudó Mountain Range and the Pacific Ocean.
- **Temperature:** 28°C.
- **How to get there:** By air, from [Medellín](#) , Quibdó, and Pereira; on marine transport services departing from Buenaventura.

Bahía Solano and El Valle: **On land**

Visit [Utría](#) Cove. Tour its paths and be amazed by a calm sea that seems like a swimming pool in the middle of the ocean. Get to know the labios de negra (Black woman's lips), with their bright red petals that form a perfect mouth. Go from the mangroves at Jundó to El Tigre, Playa Cueva, Playa Larga, and Playa Mecana through a lovely path that crosses streams and waterfalls. Row back on the Valle River, go canyoning, and enjoy the arrival of migratory birds and the golfina turtle, between October and December.



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Bahía Solano Photo: Flickr user [Eu mondo difficile](#)

At sea

Diving lovers who wish to see snappers, groupers, and giant rays enjoy visiting Piedra de la Esperanza and Punta Diego in [Utría](#) ; the sunken ship in Huina; San Telmo, in Juná; Chadó; El Faro; Juan Tejada; León; Mina del Diablo; and the area around Cabo Marzo. This is also a zone for artisan and deep sea fishing and ideal for whale watching from July to November.

Where to stay:

At eco-lodges and tourist inns.

Source: www.agendadelmar.com

Find more articles on Bahía Solano and El Valle:

- [Bahía Solano: eco-tourism and adventure paradise](#)
- [Utría National Park: a playground for whales](#)